

Croeso I

Weclome to



Ein Harglwyddes
Seren y Mor,
Porth Tywyn

Our Lady,
Star of the Sea
Burry Port



Ein Harglwyddes
a Cadog Sant,
Cydweli

Our Lady
& St. Cadoc,
Kidwelly



Y Groes Sanctaidd,
Pontyberem

Holy Cross,
Pontyberem

✚ Fr. Lawrence Obotamah

☎ 01554 832520.

🏠 The Presbytery, 55 Pencoed Rd, Burry Port, SA16 0PN

✉ burryportstarofthesea@gmail.com

Votive Sponsors

The Sanctuary and statue candles are open for sponsorship at £1.00 per lantern.

This week's candles are sponsored for the intentions Of the Bevan Family, Especially Anne Stevens-Bevan



Prayer requests

Please make your prayer requests known to Fr. , especially if you would like them included in the newsletter for our brothers and sisters to pray.

MASS TIMES

Sat 04/07/2026

10:00 - Mass of BVM - Burry Port
18:00 - Holy Rosary -18:30 - Holy Mass - Burry Port - Jones Family

Sun 05/07/2026 -

09:00 - Holy Rosary - 09:30 - Holy Mass- Pontyberem -

11:00 - Holy Mass - Kidwelly-

14th Week of Ordinary time

Mon 06/07/2026 -

10:00 - Holy Mass - Burry Port - Private intention

Weds 08/07/2026

09:00-NO Holy Rosary, Adoration, Centering prayer - 10:00 - NO Holy Mass - Kidwelly-

17:30- NO Holy Rosary -18:00- NO Holy Mass - Burry Port

Thursday 09/07/2026

10:00 - Holy Mass - Burry Port

Friday 10/07/2026 -

12:00 -Divine Mercy Devotion & Holy Mass - Burry Port

Sat 11/07/2026

18:00- Holy Rosary - 18:30 Holy Mass - Burry Port

16th Sunday In Ordinary time

Sun 12/07/2026

09:00 - Holy Rosary - 09:30 - Holy Mass - Pontyberem -

11:00 - Holy Mass - Kidwelly

"My Yoke is Easy, and My Burden Light" Matthew 11:30

The Invitation

Dear parish family, Jesus' words are first an invitation, not a command. In His time, a "yoke" meant the harness used to join two oxen together for work, or the weight of religious laws people carried. Many were exhausted under heavy expectations. Christ does not deny that life is hard. Instead, He invites us to walk beside Him, sharing the load. To be yoked to Jesus is to stay close to Him in prayer, in the sacraments, and in community. When we walk with Him, we are no longer pulling alone.

The Exchange

What makes His yoke "easy" and His burden "light" is not the absence of trials, but the presence of grace. Our parish life shows this every day: when we carry one another sorrows through visitation, when we serve the vulnerable, when we forgive instead of holding grudges. These are still burdens, but they are no longer crushing because Christ bears them with us. He replaces the burden of fear, shame, and self-reliance with the lightness of mercy, hope, and belonging to one Body.

The Parish Response

So how do we live this together? By being a community where no one's yoke feels too heavy to carry alone. Let us be people who lighten burdens: a kind word after Mass, a meal for a sick neighbor, patience with our children and elders. When we do this, we make Jesus' promise visible right here in our parish. May we keep turning to Him, resting in Him, and helping one another discover that with Christ, even hard work becomes a path to peace. Amen.

Readings

Zac 9: 9-10, Psalm 145

2nd Reading, Romans 8: 9, 11-13 ,

Gospel Mathew 11: 25-30

Saints of the week

Saint Elizabeth of Portugal 4/7

Saint Maria Goretti, July 6th

Saint Benedict July 11th

Prayer of the Faithful

Lector: Lord God

All: Bless us

Parish news

A thank you

Thank you to the anonymous Parishoner at Kidwelly who has made a generous donation towards the parish maintenance. Please, if you are signed up to Gift-aid and are willing, please inform Fr so that the Gift-aid can be claimed on the kind donation.

News from the Deanery

Welsh National Pilgrimage to Lourdes: Dates: 20th - 24th July 2026. A full religious programme, flights and transfers in France, full board 4* Hotel, insurance and Lourdes Levies are included in the package. Bookings: www.tangney-tours.com/tours-and-pilgrimages/diocese-welsh/ Enquiries: welshnationalpilgrimage@gmail.com

Men's Rosary Rally (Gorseinon Parish)

First Saturday of the month in Swansea Centre, outside St David's Priory at 1pm.

Altar Egos podcast (Llanelli Parish)

Through thought-provoking conversations, personal stories, and reflections on faith, we explore what it means to live with meaning in today's world. Whether you're curious about spirituality, love hearing real-life stories, or just enjoy exploring ideas that make you think, Altar Egos invites you to listen, reflect, and discover something new.

<https://www.youtube.com/@AltarEgosPodcast>

Emmaus Youth

Children's Liturgy

- Please make use of the resources, games and toys at the back of the foyer. There are activities for all ages to help spiritual growth.

Pilgrimage for Yr 8- Y13

- Pilgrimage to Our Lady of the Taper, Cardigan Saturday 18/07/2026 11am- 5pm £15. Activities: Rosary Walk. Learn about the Shrine. Connect with Others. Email: youth@cardiffmenevia.org. Call: 02920379490 Register by July 6th (transport available from selected locations)

Summer Camp: Unplug. Rest. Explore

- 5-9 August 2026 Year 9s - 13s. St David's Bunk Barns, Pembrokeshire
- £300, Travel & Meals included To journey email: [youth@ Cardiff menevia.org](mailto:youth@Cardiffmenevia.org) or Call 02920379490 Deadline for registration & payment is July 13th

News from the Dioceses

SEA SUNDAY 2026

Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, harzardous conditions. Sea Sunday is 12th July. It is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate in church, by visiting www.stellamais.org.uk/donate, or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris to continue its important work, so please give generously. Thank you.

Safeguarding-If you have any concerns please approach any of our designated officers

Kidwelly- Sam Lloyd samgualdino@yahoo.co.uk **PontyBerem** - Alison Hill, aahill@doctors.org.uk