

Croeso I Weclome to



Ein Harglwyddes
Seren y Mor,
Porth Tywyn

Our Lady,
Star of the Sea
Burry Port



Ein Harglwyddes
a Cadog Sant,
Cydweli

Our Lady
& St. Cadoc,
Kidwelly



Y Groes
Sanctaidd,
Pontyberem

Holy Cross,
Pontyberem

Fr. Lawrence Obotamah
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The Presbytery, 55 Pencoed
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Readings - 3rd Sunday of Lent

Exodus: 17: 3- 7

Psalm: 95: 1- 2, 6-7, 8- 9

Romans 5: 1-2, 5- 8

Gospel John 4: 5-42

Prayer of the Faithful

Lector: Living God

All: Satisfy our thirst

SST of the week

Votive Sponsors

The Sanctuary and statue candles are open for sponsorship at £1.00 per lantern.

This week's candles are sponsored for the intentions Of the Bevan Family, Especially Anne Stevens-Bevan



Prayer requests

Please make your prayer requests known to Fr. , especially if you would like them included in the newsletter for our brothers and sisters to pray.

MASS TIMES

Sat 07/03/2026

10:00 - Holy Mass - Burry Port

18:00 - Holy Rosary- 18:30 Holy Mass - Burry Port

Sun 08/03/2026

09:00 - Rosary - 09:30- Holy Mass- 10:15 - Benediction

- Pontyberem

11:00 - Holy Mass - Kidwelly

3rd Week of Lent, Year 1, Week 12, Cycle A

Mon 09/03/2026-

10:00 - Holy Mass - Burry Port

Weds 11/03/2026

09:00 - Holy Rosary/centring
prayer/Reading/Adoration - 10:00 - Holy Mass +
stations- Kidwelly

17:30 Holy Rosary - 18:00 - Holy Mass- Burry Port

Thursday 12/03/2026

10:00 - Holy Mass - Burry Port

Friday 13/03/2026

12:00 - Holy Mass- 12:30 Divine Mercy Devotion -
Burry Port

LATARE 4th Sunday of Lent, Year A

Sat 14/03/2026 -

18:00 - Holy Rosary-18:30 - Holy Mass- Burry Port

Sun 15/03/2026

09:30 -Rosary - 09:30- Holy Mass - Pont Y Berem

10:30 - Holy Rosary - 11:00 - Holy Mass - Kidwelly

3rd Sunday of Lent

STRIKE THE ROCK AND THE WATER WILL FLOW

The phrase "Strike the rock, and the water will flow" echoes a powerful biblical narrative where Moses, guided by God, strikes the rock at Horeb, and water gushes forth to quench the thirst of the Israelites as seen in (Exodus 17:6). On one level, it is a story of provision in the wilderness and a reminder to us that even in barren places, God can make abundance burst forth. The rock is often seen as a symbol of Christ (1 Corinthians 10:4), and the water represents the life-giving grace that flows from him. When we encounter Christ, the true Rock, his Spirit becomes the source of our living water, satisfying our deepest hungers. This image invites us to reflect on where we are "striking" in our own lives, what challenges, prayers, or surrendered moments we bring before God so that his life-giving flow can break through.

Just as water is essential for growth, our souls need the living water of Christ to thrive. Are there "rocks" in our lives, hardness, doubt, fear that need the touch of God's grace? When we receive Christ into our lives, the rivers of mercy, forgiveness, and renewal flow freely. In today's spiritual landscape, this theme speaks to trust: God's provision is certain if we turn to him. Let us ask: Where is God calling me to trust that "water will flow"? In suffering? In service? In surrender? May we strike the Rock with faith and drink deeply.

Parish news

Easter 2026

- Mass times for Holy Week

Holy Thursday - Our Lady, Star of the Sea - 18:30

Good Friday stations - Holy Cross- 09:30, Our Lady & St Cadoc- 12:00

Good Friday Service of the Word- Our Lady, Star of the Sea - 15:00

Holy Saturday - OLSS 19:30 (Followed by watching of the altar until 00:00)

Ester Sunday - Holy Cross 09:30, Our Lady & St Cadoc 11:00

- Raffle

The Easter Raffle will return this Sunday. Tickets are available from Arabella (kidwelly) and Shirley (Burry Port). Tickets are £1 for 1 strip or £5 for 6 strips.

If you wish to donate a prize please do so by the 5th Sunday of Lent. All donations are greatly received.

Celebration of togetherness

A common Mass for all three churches has been planned for 24th May 2026. This Mass will be held in Kidwelly at 11 am. Following this will be a meal. Please place your name on the sign-up sheets in the foyer so we can gather numbers.

News from the Dioceses

The Chrism

- The Chrism Mass will take place in St David's Cathedral, Cardiff at 11am on Tuesday 31st March 2026.

STATION MASS

His Grace, Archbishop Mark O' Toole will celebrate the Station Masses in the following order

- 16/04 - Ss Julius & Aaron - Our Lady & St Michael, Abergavenny
- TBC - St Teilo - Our Lady of the Rosary, Ammanford

All Masses are held at 7:00pm

Emmaus Youth

Emmaus Discover Sound of Silence

Experience a taste of monastery life on the 14th of March 2026 from 11.00am till 6.30pm at Belmont Abbey, Hereford. This retreat would be organised for youths between the ages of 8-13. The fee is £15, lunch included. The posters are on the notice board of the parish. Kindly register for transport assistance from select pick-up points. Contact number: 02920379490

Emmaus Encounter

A Holy Week Retreat for Youths between the ages of 18-30 from the 27th -29th March 2026. The venue is Belmont Abbey, Hereford. The amount is £150. Single Supplement £25 (subject to availability) Register at youth @ Cardiff menevia. Org or call 0292037490

Children's Liturgy.

- Please make use of the resources, games and toys at the back of the foyer. There are activities for all ages to help spiritual growth.

Safeguarding-If you have any concerns please approach any of our designated officers

Kidwelly- Sam Lloyd samgualdino@yahoo.co.uk **PontyBerem** - Alison Hill, aahill@doctors.org.uk